

The Chalice Flame

The Monthly Newsletter of the Unitarian Universalist Church of Kent

January 2006

MA

Sunday Services 9:45 & 11:30 am

228 Gougler Ave. Kent, Ohio 44240 Phone: 330-673-4247 Fax: 330-677-4772

Website: www.kentuu.org Email: uukent@sbcglobal.net

Minister:

Rev. Melissa Ziemer

Minister's office hours:

Tuesday - Friday By appointment

Office Manager: Judy Brannan

Office hours: Mon. Wed. Thurs. 9 - 1

Tues. 9 - 11 Fri. 8:30 - 1:30

Religious Education Director: Michelle Culley

. . . .

Music Director: Hal Walker

Newsletter editor: Brad Bolton

Deadline:

The 15th each month

This is such an exciting time in our church! Just about every Sunday I hear exclamations of delight as people see yet another piece of our renovation completed. The enthusiasm is palpable. And the excitement that comes from seeing well designed and well executed projects come to fruition is contagious. It is kind of like dominoes – one good idea made manifest leads to another. As a body we have so many good ideas about how we can make our church more beautiful, more welcoming, more vibrant and full of life. Not only that, we are lucky to have so many talented and hard working people who are eager to help put all these good ideas into practice. This is a generative time for us.

It is also a reflective time. Throughout our shared ministry we are endeavoring to find better ways to fulfill our reason for being church. We are exploring not only how we are with and for each other, but also how we are reaching out to be an agent for peace and justice in the world beyond our walls. Action and reflection follow each other as we experiment. Some of the areas we have been exploring this fall include:

Small Group Ministry -

Small Group Ministry (SGM) will provide opportunities for the members and friends of this church to know and be known, to engage, support, and nurture each other, to grow our souls, to wrestle with questions that matter with people who care and to encourage us as we bring our faith into the world. The SGM steering committee has formed and is working to plan a pilot program for this spring. Watch the Thread from the Web and next month's newsletter for more information about how you can become involved.

Changing the times of our worship services -

For now, we have decided not to make a change. As you may know, we have experienced a big decline in attendance in our children's religious education program this fall. The more we talked with people about the possibility of changing the times of our services, the more we realized that we could not do so without also making a change in our children's religious education program. We now think it best not to make a change that will impact children's religious education until we have more information from families about the reasons they do and do not choose to bring their children to church. Over the course of the next few months, we are going to be gathering information from families involved with the program. We will then use that information to reflect on whether we ought to make any changes in our children's religious education programming. At that point, we will also reconsider the possibility of changing our worship service times to reduce overcrowding in our earlier service.





Renewing our covenant -

Most literally, to covenant means to come together by making a promise. What do we promise when we choose to become members of this church community? It is an important question and our answers have great significance. The more insight we can have into our reason for being church, the more clarity we will have about *how* to be church. The Committee on Ministry will be supporting a series of covenantal conversations. The first will take place this winter. Please see inside this issue of the newsletter for more information and an invitation to participate.

This is an exciting time in the Unitarian Universalist Church of Kent. I am glad to be here with you now. And I look forward to the tomorrow that we are creating together.

In faith.

P.S. - In order to be most efficient with my time, I have decided not to keep specific office hours. I am available by appointment Tuesday through Friday days and will arrange evenings and weekends if necessary. If you would like an appointment with me for any reason, please just call or email and we will arrange a mutually convenient time.

January Services

1 January - A New Day Melissa Ziemer

Welcome in the new year with spirit and song. All are invited to gather for one service only at 10:30 am.

8 January - **Interdependence Day** Melissa Ziemer

Every summer our nation celebrates Independence Day. Half a year away from that parade studded holiday we will gather in worship to celebrate the spiritual reality of interdependence.

15 January - MLK Jr. Celebration Sunday Melissa Ziemer

Martin Luther King Jr.'s life and work continues to spark inspiration and vision in those who would lead us today. In this service we will honor King's legacy and turn again to the teaching that lives on still. Also, today is New Member Sunday. We will formally welcome all new members during worship and celebrate with them during coffee hour.

22 January - **Faith and Action** Susan and Mac Goekler

People of faith have wrestled with the "proper" ways to express their faith when it comes to making the world a better place. In this service, we will explore the tensions historically as well as currently in our congregation and denomination

29 January **Music Sunday** Hal Walker and members

Winter Institute 2006

When: February 17-20, 2006

Melissa

Where: Salt Fork State Park & Conference Center in Cam-

bridge, Ohio.

What: A relaxing and schedule-free weekend gathering for UU's of all ages. Outdoor activities like sledding, hiking and cross country skiing. Indoor has fireplaces, pool and hot tub. Fellow UU's are always ready to play a board game, put together a puzzle or make music. Worship services and great conversation provide opportunity for fellowship. Check in Friday after 3 p.m. Stay 1, 2 or all 3 nights.

How: Make your ROOM RESERVATIONS directly at 1-800-AT A PARK or www.atapark.com and ask for the special Unitarian Universalist conference rate (\$95 for a room with 2 double beds or 1 king, \$115 for room w/ 2 double beds and a bunk bed. Note: the large rooms are scarce, so book early if you want one). Make CONFERENCE RESERVATIONS directly with Cheryl Napsha. Mail a check, payable to OMD-WI, to 35 Highland Road #4310, Bethel Park, PA 15102. Conference rate covers Dinner on Friday, Saturday and Sunday and Brunch on Saturday, Sunday and Monday, as well as cost of Community Rooms.

How much: For entire weekend (Friday dinner through morning): \$100 for adults; \$50 for children 6-12. No charge for under age 6. Daily rate is available at \$30 for adults, \$15 for children per day.

Questions: Contact Cheryl Napsha at or email at , or Dana Bjorklund at

Church Babysitters Network

Planning a church event? Or any gathering large or small? Remember to incorporate babysitting in your plan. Under the guidance of our DRE, Michelle Culley, a babysitting network was developed with a group of our dedicated and reliable youth (ages 12-16). Parents who utilize these services will be responsible for a pre-arranged fee for babysitters and meal/snack for children if applicable. For babysitting arrangements or questions, please contact Laura Teagle @

Bibliophile Alert!

The Church Book Club is sponsoring a Book Exchange event on Saturday, January 21 at Fessenden Hall in the Church from 2 - 4 PM. Bring some beloved novels, nonfiction works, or other literary materials to share. The basic process that will be followed: bring a number of books, share some information about them with a small group, take home the same number of books. Exchange circles will include such focuses as mystery, science and fantasy fiction, historical fiction, realistic fiction, poetry/plays, nonfiction, etc. Questions? Call Kathie Slater at . Refreshments will be provided.

Board Listening Session

Several months ago, the church Board initiated a new practice that makes it easier for members and friends of the church to share comments with Board members. Every couple of months, representatives of the Board will be available in the sanctuary between Sunday worship services to listen to comments presented. The sessions will be approximately 15 minutes long. The next Listening Session will be held on Sunday, January 29th at 11:00 a.m. in the sanctuary. All are welcome.

Christie Anderson

Calling All Prospective New Members

Are you thinking about joining our church? If you have questions or simply want talk it over, please join us after second service on Sunday, January 8th at 1:00 in the Fellowship Hall. The Membership committee along with our minister Melissa Ziemer, will be holding an open meeting for anyone interested in church membership. A light lunch will be served. Questions? contact Kay Clatterbuck at

Book Group Meetings

Tuesday, **Jan. 10** at 7 pm at the home of Laurie Coyle, ., Kent. Read a book by Martha Beck.

Tuesday, **Feb. 14** at 7 pm at the home of Betty Kendrick, Kent. Read <u>Killer Angels</u> by Michael Shaara. *Martha Kluth*

New Directory Corrections

The Myers' apartment number is incorrect in the new directory. The correct apartment number is 431.

Christie Anderson's address should be changed to

Ed.

December 7th Congregational Meeting Highlights

The meeting opened with Reverend Melissa Ziemer announcing a growing concern about the imbalance in the attendance levels at the two Sunday worship services. As attendance has been regularly tracked since fall, a consistent trend has been documented reflecting the fact that about three times as many people attend the first service as the second. It was noted that newcomers to the first service may feel uncomfortable when they arrive and the pews are filled to near capacity. A discussion took place regarding thoughts on changing the times of the Sunday services. More discussion on this topic will take place in the future.

Susan Goekler invited comments regarding the church's new organizational structure and the by-law changes approved in May 2005. A topic that generated considerable discussion involved establishing a policy regarding the adoption of church Resolutions. A suggestion was made to incorporate a by-law change that would require a "super majority" consisting of 80% affirmative votes in order for the congregation to approve a Resolution. The present by-laws are silent on this issue. The Social Justice Committee is planning to analyze the issue in more detail. By-Laws Committee members Susan Goekler and Christie Anderson encourage members to submit to them thoughts regarding the church's by-laws and organizational structure.

Vivien Sandlund, Chair of the Social Justice Committee summarized the many activities undertaken in recent months by the Committee. She explained that the Committee is working on a proposed Resolution regarding the use of torture. Mac Goekler announced that his Chalice Lighter grant application to the OMD district office has been approved. Funds received through the Chalice Lighter calling will be used to renovate the interior of the Eldredge Annex to make the space more usable for larger groups.

The meeting's important business topic was the proposed 2006 church budget (see next page). Beth Wills highlighted budget features and reported that the Budget Committee succeeded in working toward bringing the compensation for the staff more into line with UUA fair and just compensation standards. The budget also includes a new Sexton position. The budget was approved by the congregation and appears below. Questions about the budget should be directed to Beth Wills, Board Trustee for Finance.

Christie Anderson

Proposed Budget

Expenses Personnel Expenses	2005 Projected	2006 Budget	2007 Budget
Minister Salary	\$31,075.09	\$29,000.00	\$29,087.00
Minister Housing	\$7,800.00	\$25,000.00	\$25,000.00
Minster Pension	\$9,198.26	\$5,600.00	\$5,800.00
Minister Insurance	\$4,588.90	\$7,776.00	\$6,000.00
Minister Prof. Exp.	\$9,958.10	\$5,100.00	\$5,600.00
Minister Relocation	\$3,890.85	\$0.00	\$0.00
FICA	4.7.050.00	\$2,218.50	404 707 50
DRE Salary	\$17,850.00	\$24,663.60	\$24,737.59
DRE Prof. Exp.	\$676.90	\$1,000.00	\$1,000.00
DRE Pension Music Director	\$1,181.25 \$0.265.00	\$1,050.00	\$1,200.00
	\$9,365.00	\$14,359.80 \$1,000.00	\$14,402.88 \$1,000.00
MD Prof. Exp. Custodian	\$3,719.04	\$4,893.20	\$4,907.88
Secretary	\$10,147.35	\$10,552.00	\$10,583.66
Sec'y Prof Exp.	Ψ10,147.00	\$250.00	\$250.00
Nursery	\$1,167.60	\$1,200.00	\$1,400.00
Payroll Taxes	\$5,000.00	\$4,200.00	\$4,200.00
Workman's Comp.	\$525.81	\$800.00	\$900.00
Utilities/Operating (•	·	•
Telephone	\$1,517.20	\$1,500.00	\$1,800.00
Gas	\$4,000.00	\$3,500.00	\$2,700.00
Electric	\$1,988.43	\$2,000.00	\$2,100.00
Water	\$767.97	\$800.00	\$850.00
Trash	\$773.14	\$800.00	\$620.00
Printing/Postage	\$1,450.00	\$1,300.00	\$1,300.00
Publicity/Advertising	\$1,600.00	\$1,600.00	\$1,300.00
Office Equipment	\$5,100.00	\$4,200.00	\$3,500.00
Office Supplies	\$1,460.00	\$1,000.00	\$1,000.00
Maint/Janitorial Supplies Building Insurance	\$305.30	\$200.00	\$200.00
Triangle Proj. Asses.	\$2,041.00 \$372.35	\$2,041.00 \$372.00	\$2,000.00 \$372.00
UUA Dues	\$1,944.00	\$2,000.00	\$3,000.00
OMD Dues	\$3,150.00	\$3,078.00	\$3,078.00
Payroll Service	\$915.60	\$915.60	\$925.00
Credit Card Fees	\$105.15	\$0.00	\$0.00
Church Activities	•	·	•
Religious Education	\$2,168.00	\$1,000.00	\$2,000.00
Building & Grounds	\$2,200.00	\$1,500.00	\$2,000.00
Sunday Services	\$272.65	\$200.00	\$200.00
Campus Ministry	\$200.00	\$200.00	\$200.00
Music_	\$500.00	\$500.00	\$700.00
Fund Raising Expense	\$1,350.00	\$0.00	\$0.00
Abbie Danforth UUWF	\$0.00	\$0.00	\$0.00
Minister's Discretionary Fund	•	\$0.00	\$200.00
Coffee Hour	\$211.31	\$100.00	\$100.00
Board Expenses Misc Committee Exp.	\$0.00 \$978.04	\$0.00 \$0.00	\$0.00 \$0.00
Fellowship	ψ 3 / Ο.υ 4	\$200.00	\$500.00
Lay Leader Development		\$1,000.00	\$1,000.00
Debt Service	(\$500.00)	\$1,712.00	\$1,712.00
Total Expenses	\$151,014.29	\$180,381.70	\$179,426.01
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Budget continued			
Income	2005 Projected	2006 Budget	2007 Budget
Pledges	\$109,790.18	\$123,000.00	\$132,000.00
Plate	\$12,405.06	\$13,000.00	\$12,000.00
Two Friends Fund	\$284.00	\$284.00	\$284.00
Acme Bucks	\$3,000.00	\$5,000.00	\$6,000.00
Rentals	\$8,000.00	\$11,000.00	\$11,000.00
Fundraising	\$5,427.55	\$10,000.00	\$4,000.00
Service Auction	\$15,694.04	\$18,000.00	\$18,000.00
Interest	\$180.21	\$150.00	\$25.00
Total Income	\$154,781.04	\$180,434.00	\$183,309.00
Gain/Loss	\$3,766.75	\$52.30	\$3,882.99
Membership prepared by Be	150 eth Wills	161	171

UUSC and **U**

Did you know (DYK) that the Unitarian Service Committee (Now the Unitarian Universalist Service Committee) was formed during the late 1930's to get persecuted people out of Eastern Europe under the noses of the Nazi SS? The Flaming Chalice was adopted as a symbol of the USC because of the many language barriers. This chalice, has now become the hallmark of our entire UU movement. DYK what UUSC is doing now? The follow is a list of current UUSC relief efforts.

- Guatemala Flood Relief, 2005
- South Asia Earthquake Relief, 2005
- Hurricane Katrina Relief
- India, Indonesia, Sri Lanka;
- Earthquake/Tsunami humanitarian relief, 2004, 2005
- Sudan, Humanitarian Relief, 2004
- Haiti, Hurricane Jeanne, 2004
- Iraq, Post-war Humanitarian Relief, 2003
- Afghanistan, Humanitarian Relief, 2001

DYK that you can do more than just contribute to UUSC -- you can become a member? DYK that if you send in \$75 (a dual annual membership) that the UU Congregation of Shelter Rock, NY with match your \$75 with their \$75? Actually, they will match dollar for dollar any unrestricted amount over \$75. Susan and I have been doing this for many years -- we can't pass up such a bargain! Please go to www.uusc.org and check it out. Membership info is available on the bottom of your "Guest at Your Table" box.

Peace, Mac Goekler-

January Celtic Clan Schedule

1/2/05 7:30 PM Practice at the church (note time change)
1/9/05 7:30 PM Practice at the church
1/16/05 No practice
1/23/05 7 PM Woodlands at Robinson
1/30/05 7 PM Kent Health Care Center

Member Spotlight: Damien Chapman

Damien, you may remember, spoke briefly during the December 11 service. I did not know him and decided to interview this new person in the pulpit.

Damien lives in Brimfield with his wife Michelle and daughters Cassie (11) and Amelia (9). They attended the Akron UU church until they moved to Brimfield 6 years ago. Cassie missed the church experience, so the family began attending our church in the summer of 2004. Damien enjoys Reverend Ziemer's sense of reverence and her "daring honesty." It helps him find a meditative state of mind.

The family enjoys the "like-minded people" of our church. Damien plays trombone, and was invited to join a new musical group in church, the "Tarnished Brass," a brass quartet led by Susan Goekler. They are all Harry Potter fans, and the children were part of the Summer Hogwarts program.

Damien is a mechanical engineer designing cement trucks at Kimble Mixer in New Philadelphia, but will be starting at East Mfg. in 2006.

Brad Bolton

Among Ourselves

With this article we would like to introduce a new addition to our monthly newsletter columns. "Among Ourselves" will be another way for us to stay connected to each other. Here we will list any of the remembrances from the Embracing Meditations in our Sunday services that remain timely, as well as other items of celebration and concern submitted by members and friends. If you would like to contribute something for this article, please inform our minister, Melissa Ziemer, by the 13th of each month.

Appreciation for Donations

The church is the recipient of two generous donations. An anonymous donor has provided the church with an automatic defibrillator, a machine used to resuscitate a heart attack victim. Because the donated defibrillator is automatic, it is user friendly and if ever needed, will help save lives. One training session has been conducted on its use. Additional training sessions will be announced in future editions of "A Thread From the Web."

The second donation is from a Kent art gallery, McKay Bricker Gallery and Framing. The owners of the gallery took the initiative to give the church a beautifully framed historic photograph of our church. McKay Bricker Gallery and Framing is located near the church at 609 N. Mantua Street.

Speaking of artistic donations, John Kluth donated several dozen pieces of locally crafted pottery to the church's Holiday Share. The pieces were attractive, affordable and very much appreciated.

Christie Anderson

Sign Up to Access New Database

We've recently invested in a new online membership database. This will allow us to better keep track of members and friends, and even visitors to our church. Members of the congregation will be able to access their own pledge information and keep their address and phone number up to date. This database is secure and password-protected. If you're interested in getting a password to access your information, please send an email from your preferred email address to Beth Wills at

and she will send you one.

Beth Wills

ADULT RELIGIOUS EXPLORATION UUA ISSUES IN JANUARY

During January we shall be exploring two study issues from the UUA for discussion and vote at the General Assembly of the Association. "Moral values in a pluralistic society" is an issue in its first year of study by congregations, with tentative ideas being provided for our response and further expansion. "Global warming" is in the second year of discussion, so we shall be making modifications of a draft statement for General Assembly. These are important social issues: plan to attend to have your input into the discussion and recommendations.

January 8 - Moral values in a Pluralistic Society: discussion

January 15 - Moral values in a Pluralistic Society: our response

January 22 - Global Warming: discussion

January 29 - Global Warming: our response

Liz Erickson

Blood Type Diet Support Group

We are pleased to announce that Dr. Sam Lewis, DC, of Streetsboro, will speak at our January 17 meeting, 7:30, in the sanctuary. Dr. Lewis will describe his personal plus his clinical experience with the diet and answer our questions. The main idea behind this diet is that each blood type has a corresponding digestive system and that eating out of sync with one's own most basic body chemistry is the cause of, or exacerbates, many conditions and diseases. Join us to learn more. Paulette or Saunis

Covenantal Conversations - Part I

Over the course of the next ten weeks or so, you will have the opportunity to participate in a covenantal conversation with others members and friends of this church community and with our minister, Melissa Ziemer. These conversations will take place over a simple soup meal. While most of these small group gatherings will be hosted by members in their homes, we will have a few sessions available in the church building for those who find it more convenient to meet here. We will also provide a number of sessions that are child friendly.

These conversations are not only a chance for us to have fun and get to know one another better but are also the foundational conversations for the crafting of a church covenant. Members of the Committee on Ministry are supporting these gatherings and will be available during coffee hour in Fessenden Hall during the first three Sundays in January to answer any questions and sign you up for a session. You can also sign up by calling Judy in the church office. We will try to have sessions at varied days and times with the hope that many people will be able to participate. We hope you will be able to join us for a covenantal conversation.

Melissa Ziemer

Out to Lunch Bunch

Jan 1 China City
Jan 8 El Campesino
Jan 15 China City
Jan 22 El Campesino
Jan 29 China City

Old church photo on the lam

A framed historic postcard of the church was hanging in Founder's Lounge with the other historic documents. It has been missing for some time. Anyone knowing its whereabouts please call Brad Bolton -

Ed.

wUUrld's 2006 WhaleCoast Alaska

Five Alaskan UU fellowships invite other UUs to our ecocultural programs in June, July and August 2006. See the REAL Alaska! Alaskan UU's provide B & B accommodations in their homes in Anchorage, Seward, Fairbanks, Juneau and Sitka, lead tours and hikes and host parties. Visit with Tlingit, Inupiat and other Native Alaskans. See whales, sea otters, sea lions, seals, bears, moose, caribou, wolves, puffins, eagles and other birds in the wild from the Arctic Ocean to the Inside Passage in the south, and visit Denali and other national parks. Rev. Dick & Mary Weston-Jones, leaders. Visit website www.wuurld.org, email , or phone toll-free 1-888-998-8753 for a brochure. Taking reservations now.

Niagara Experience

Hear the roar! Feel the mist! See the mighty Falls!. Come experience the wonder of Niagara Falls including some great educational opportunities while being taken care of like royalty. The UU Church of Niagara is conducting a four day UU Niagara Experience which is a lifetime opportunity to encounter the Falls up close from every prospective, even safely riding beneath a tethered balloon. Spend four days with us exploring the rich historical and natural wonders around the Falls on July 16-29, 2006. For information visit our -

web site: http://www.uunex.net/

Email:

Telephone

Peter Diachun, First UU Church of Niagara

Where's Walden in the Winter? The Sacred in Winter's Images

This year's Winter Walden will have us exploring the sacred in winter images in the Cuyahoga Valley National Park. Join us as we experience the solitude of the season through the sights and sounds of snow, evergreen, waterfalls, and winter wildlife. We will be gathering at Hines Hill House in Boston Heights, Saturday, January 28, from 10:00-4:00 for a day of hiking, meditation, and communal dining. A suggested donation will be \$5.00-\$10.00 per family to help defray rental costs for the house. Hope you can join us as we once again connect with our transcendental heritage. Questions? Contact Jill Forsman

Liz Erickson (), Gordon Vars (or Jim Scott ().

Tai Chi

Tai chi is an ancient Chinese meditative practice that involves flowing movements. Tai chi classes are held on Monday evenings in Fessenden hall. Beginners start at 8 pm, intermediate students at 7:30, and advanced students at 7 o'clock. Newcomers are welcome to start any Monday; it is an open class.

Please wear loose fitting clothes and socks or slippers. The suggested donation is \$5, which goes to the church for utilities.

For more information, contact Susan Goekler, certified instructor with the Tai Chi Association of Atlanta, GA. You can reach her at

Membership Committee News

The membership committee is working towards making our church an even more welcoming place for new visitors and making it easier for newer members to feel more a part of our church community. Your assistance is requested. Wearing your nametag helps a lot, as does simply saying hello to a new face at coffee hour. If you need a nametag, there is a sign up sheet next to the visitor's podium in the lobby. Thanks for your help.

On another note, we are considering a change that may affect each of us from time to time. Starting in January, our greeters would ask that latecomers to service wait until the first hymn is being sung before entering the church and finding a seat, rather than entering during the opening music, chalice lighting and call to worship. We believe this would be less disruptive to the service. We welcome your thoughts on this subject – you can direct any questions or comments to Kay Clatterbuck,

Sermons and Minutes Available

Some of Rev. Melissa Ziemer's past sermons are available in the Founders' Lounge for \$1.00 each. Your donation can be placed in the black lockbox, also in the lounge.

The Board meeting minutes are available for review in the Founders' Lounge.

Unitarian Universalist Church of Kent 228 Gougler Ave. Kent, OH 44240



Return Service Requested Return Postage Guaranteed

Call the office to cancel your *Chalice Flame*

January Calendar

1 Sun. - OTLB @ China City

2 Mon. - 10:15 AM & 5:15 PM Yoga

7:00 PM Tai chi *

7:30 PM Celtic Clan rehearsal

4 Wed. - 9:30 AM Yoga

5 Thur. - 4:15 & 6:00 PM Yoga

8 Sun. - OTLB @ El Campesino

After church: Social Justice Comm. Mtg.

4:00 - 6:00 PM - Partner Yoga

9 Mon. - 9 10:15 AM Gentle Yoga

5:15 Yoga

7:00 PM Tai chi *

7:30 PM Celtic Clan rehearsal

10 Tues. - 7:00 PM Book group @ L. Coyle's

11 Wed. - 9:30 AM Yoga

7:15 Board meeting (Eldredge Annex)

12 Thur. - 4:15 & 6:00 PM Yoga

7:00 PM Committee on Ministry (upstairs in church)

7:00 PM Men's Group (Eldredge Annex)

13 Fri. - 7:00 PM Social Justice Committee

14 Sat. - 7:00 - 10:00 PM Yoga Movie Night (Fessenden)

15 Sun. - OTLB - China City

5:00 - 6:30 PM Yoga

16 Mon. - MLK Day

10:15 AM Yoga

5:15 PM Yoga

7:00 PM Tai chi *

No Celtic Clan rehearsal

17 Tue. - 7:30 PM Eat Right. . . Support Gr. (Sanctuary)

18 Wed. - 9:30 AM Yoga

19 Thur. - 4:15 & 6:00 PM Yoga

7:00 PM Personnel Comm. Mtg (Eldredge Annex)

21 Sat. - 1:00 -3:00 PM Book Group Book Exchange (Fessenden)

22 Sun. - OTLB China City

5:00 - 6:30 PM Yoga

23 Mon. - 10:15 & 5:15 Gentle Yoga

7:00 PM Tai chi *

25 Wed. - 9:30 AM Yoga

26 Thur. - 4:15 & 6:00 PM Yoga

7:00 PM Sunday Program Comm.

28 Sat. - 1:00 - 4:00 PM Greeting Card Workshop - (Auction Event)

29 Sun. - OTLB - China City

5:00 - 6:30 PM Yoga

30 Mon. - 10:15 & 5:15 Gentle Yoga

7:00 PM Tai chi *

* 7:00 Advanced, 7:30 Intermediate, 8:00 Beginner

The calendar will not reflect additions or changes after 12/21