

The Chalice Flame

The Monthly Newsletter of the Unitarian Universalist Church of Kent

January 2007



Sunday Services 9:30 and 11:15

Effective 1/7/07

228 Gougler Ave. Kent, Ohio 44240 Phone: 330-673-4247 Fax: 330-677-4772

Website: www.kentuu.org Email: uukent@sbcglobal.net

Minister:

Rev. Melissa Ziemer minister-uukent@sbcglobal.net

Minister's office hours:

Tuesday - Friday By appointment

Office Manager: Judy Brannan

Office hours: Mon. Wed. Thurs. 9 - 1

Tues. 9 - 11 Fri. 8:30 - 1:30

Religious Education Director:

Michelle Culley dre-uukent@sbcglobal.net

Music Director: Hal Walker Free the dates! The ones you have been saving for the congregation wide vision and mission renewal and covenant creation processes (January 20 and February and March 10). These processes are an extremely important part of the future work that we need to do as a congregation. At the time when we planned to undertake these processes, we anticipated that this winter would be a good time to focus our attention on critical questions of our collective being and becoming. We did not anticipate that we would be beginning preparations for an every member canvass. Nor did we anticipate that we would be beginning the search process for a new Director of Religious education. And yet, those are precisely the challenges and opportunities that need our attention this winter. After consultation with congregational leaders involved in the preparation for the vision, mission and covenanting processes, I have concluded that we need to postpone that work until we can give it our full and undivided attention. It is too important to give any less.

Some of you have suggested to me lately that we as a congregation are experiencing some growing pains. I think that might be right. Though I have been with you for a short period of time, I have heard enough stories of "how it used to be" to grasp that the recent rate of change in this church has been rapid. In the span of four years you have worked with three ministers, completed a major overhaul in your bylaws, undertaken significant and long delayed renovation and repair of the church buildings and reorganized your congregational structure of governance and organization. As a result of that work you have seen dramatic renewal in many areas of church life. So many ministries in the church are thriving; the membership committee, the social justice committee, the worship associates program and small group ministry are just a few examples of the ways in which the church is healthy and vital. The result of that vitality has been growth, not just numerically, but also spiritually and in terms of systemic maturation. This is all very good and very exciting.

But it is also important to say that change, even change for the good, can be challenging. And we all know from personal experience that growth, even when desired, can be uncomfortable. The process of adjusting to growth is not one that happens over night. It is a gradual process and one that can sometimes leave us feeling a little uncomfortable in our skin from time to time. Growing pains are normal and blessedly, they do not last forever.

When I first interviewed with the ministerial search committee, I asked them about the dreams of the congregation. They told me that this congregation has had many dreams over the years and has seen many of them to fruition. At this point in history the church is on the cusp of being larger than it has ever been at any other point in time. The charge for their next minister, they said, would be to support the congregation in crossing that threshold and in dreaming (and reaching for!) new dreams for a new day. That is the work of vision and mission.

But before we go there, we need to make sure our foundation is solid and secure. We need to be sure that the ground we stand on is ready to support the dreams we will dare to love into being. Like everything else about church, this foundational work relies upon us all. From leader to seeker and everyone in between, we need one another. Alone we are individuals. Together we are church, wonderfully imperfect and perfectly wonderful.

Melissa

In faith,

Newsletter editor: Brad Bolton bbolton@neo.rr.com

Deadline:

The 15th each month

Elle L

January Sermons

New Service Times

Starting January 7, Sunday Services will be -

First Service 9:30 Second Service 11:15

Religious Education classes will be adjusted to fit the new schedule. The new hours will be in effect until the summer.

When the Line Isn't Clear

7 January 2007

H. Paul Schwitzgebel (see p. 3)

Habits, boundaries, standards, pigeonholes and lines: we use them all the time to simplify our lives. But what happens when the pigeon won't fit in the hole; the habit doesn't fit the times; or the line isn't clear? Let's explore together gender lines and our spirituality.

Calling, Commitment, Courage 14 January 2007 Rev. Melissa Ziemer

This morning we will celebrate the life and work of the Rev. Dr. Martin Luther King, Jr. Inspired by his calling, commitment and courage we may find our own anew. We are excited to welcome musical guests Bob Erdman, Brad Bolton, Ted Witt and Al Kinney who will be offering special blues music for the service.

Loneliness and Solitude

21 January 2007

Rev. Melissa Ziemer

What is the difference between the isolation of loneliness and the serenity of solitude? And how do we transform the former into the latter? This morning will explore the spiritual dimensions of loneliness and solitude.

The Alchemy of Disappointment

28 January 2007

Rev. Melissa Ziemer

No person or institution is perfect. Sometimes we disappoint ourselves and each other. How do we heal from the hurt? How do we transform the common pain of disappointment into something precious? Come explore together the alchemy of disappointment.

Message from the Moderator

Just when I think "this is the best service ever" I come to church and have another inspiring experience. I am writing this on 12/17 after a service appropriately entitled Ground of our Hope. Once again uplifting words and music filled the sanctuary.

A big thank you to the Close the Gap Team: Jim Scott, Kathy Kerns, Chris Hurlbut and Vivien Sandlund. The group has helped us understand the origins of our recent financial difficulties, outlined a plan to solve them, and inspired us to take action. Thanks too, to Beth Wills and the Finance Committee for their budget planning work. Today, you stepped up and approved the plan to close the gap in our budget and approved a provisional budget based on the new canvass being successful. Thank you for your vision, courage and generosity.

It has been an inspiring week or two: the wonderful dinner and chance to meet and hear Bill Schulz. Thank you, 140 Anniversary Team and the Social Justice Committee for arranging his visit and to Bill and Elaine Bowen for the delicious food. Then a few days later the first Yule Ball organized by the Hogwarts Team was a wonderful party for all ages.

We do want to acknowledge that the Canvass in 2006 for 2007 did yield a record amount for the church. For that we have many people to thank. We especially want to thank Marion Yeagler, Canvass Chair. Trustee of Finance Beth Wills provided assistance to Marion for many canvass activities. Also on the team: Jill Forsman, Martha Hursh, Susan Goekler, Mac Goekler, Jan Noden, Jane Krimmer, Saul Flanner, Dan Hayes, Vivien Sandlund, Cari Orris, the Geezers (you know who you are!), Kay Clatterbuck, Paulette Thurman, Joel Slater, Kathie Slater, Randy Leeson, and Mary Leeson. Many thanks to you all for your help. Sincere apologies if we have inadvertently missed anyone.

Thanks too to Bill Eldredge, Esther Duncan and Rod Mishler for agreeing to be members of our new Endowment Committee. This is another positive step in assuring a healthy financial future for our church.

Do contact me if you have concerns or questions. If I cannot help, I will direct you to the right person or committee.

In Faith, Trish McLoughlin

Jan. 7 Speaker at Church

H. Paul Schwitzgebel grew up in the United Church of Christ in North Canton, Ohio. Active in youth group and campus ministry, he set his sights on parish ministry even though his undergraduate and master degrees were in business. He was ordained and installed as pastor of Suffield United Church of Christ here in Portage County after completion of his degree work at Yale University's Divinity School.

His relationship with the United Church of Christ spiraled downward during the next two decades because of their objections to his sexual orientation. Ultimately, they withdrew his credentialing in 1990 when he insisted on being openly gay while doing an HIV/AIDS-specialized ministry that he had organized and was self-funding.

He has from time to time served in various worship and pastoral leadership roles in our Akron, Canton, and Westfield Center Unitarian Universalist congregations and provided pastoral services to our congregation during our Pastor Julie Ann Silberman's sabbatical.

He is active with hospital chaplaincy through the Spiritual Care department at Akron General Hospital and serves as the treasurer on the board of Equality Ohio, the recently founded statewide gay lesbian advocacy organization.

For several years he was an active participant in the TransPride outreach of the Akron Pride Center and identifies that experience as a richly meaningful and educational occasion.



February 11 is Commitment Sunday!

On December 17, our membership voted to re-open the canvass, in order to fully fund the 2007 budget that was also approved by the congregation. Our goal is to raise a total of at least \$149,000, which is \$20,000 more than what had originally been pledged for 2007.

A Canvass Steering Committee has been recruited, consisting of Marion Yeagler, Bob Erdman, Melissa Ziemer, Mary Leeson, Kathy Walker, and Randy Leeson. You will be hearing more from them in the coming weeks about our finances, and the many benefits our church community provides to our members and friends.

Please plan to attend a special service on February 11, where pledge cards will be collected and tallied, after which we hope to celebrate our success. Your continued support and generosity are greatly appreciated.

Jim Scott - Close the Gap Committee

Notes about Membership

Did you know that one of the requirements of membership per our church by-laws is that a member must have made an identifiable financial contribution to the Church within the past 24 months? (The Board may elect to waive the requirement on a case-by-case basis for circumstances involving hardship). Fulfilling this obligation, members have the rights of an "Active Member", to vote or hold elective office. Members that choose not to fulfill this obligation, but have expressed a desire to retain a membership identity with the Church, may become an "Associate Member". Associate Members may not vote on Church matters nor hold elective office.

Note that putting loose cash in the "plate" on Sunday is not an "identifiable contribution", as our Finance team cannot identify who the money came from, and this type of donation cannot be applied against one's pledge for that same reason. You will find that the Church recently put envelope holders with envelopes on the backs of the pews; you may use those to identify cash contributions by clearly indicating your name on the envelope.

Jim Scott - Trustee for Fellowship

New U Classes

Are you new to our church and/or interested in learning more about Unitarian Universalism?

You are cordially invited to a four week session of classes that will introduce you to our church and our liberal religious heritage.

Classes are being held for four consecutive Sundays starting on Jan 28. We meet next door in the Eldredge annex during second service. You can contact Kay Clatterbuck for more information

New Adult RE Class - Building Your Own Theology Volume II - Exploring

The first meeting is on January 7. Please note that this class will meet during the **second service** only. This first session will be an organization meeting only.

There are 10 sessions in the book. Please be thinking about whether or not you want to meet weekly, bi- weekly, etc., and how long (number of weeks or months) you want the class to run.

We recommend ordering the book after the first session meets.

We will meet upstairs in the "art" classroom. This class is open to all members and friends of the church.

Linda Mishler

7th Annual OMD Winter Institute

President's Day Weekend February 16-19, 2007

This relaxing and "schedule and stress free" weekend is an intimate gathering for UU's of all ages. There are frosty outdoor activities like sledding, hiking and cross country skiing. For those that choose to stay in their slippers all weekend, there is a beautiful lodge with its many cozy corners and fireplaces. The pool and hot tub are truly a wintertime treat. There are fellow UU's always ready to play board games or to join in the community jigsaw puzzle. We have wonderful community worship services and great conversations.

It is at Salt Fork State Park near Cambridge. The park has a beautiful lodge with an indoor pool, game room with pool tables, ping pong tables and video games, lounge and hiking trails. The lodge is handicap accessible. To register go to the omdsi.org website for a registration form. Also you will need to call Salt Fork to make a reservation at 1-800-ATAPARK. Ask for the Unitarian Universalist rate. Hope to see you there.



Poinsettias Make Their Point

Thanks to all of you who participated in the Poinsettia Sale this year. It went much better than expected. The flowers made the sanctuary look beautiful while also helping us focus on things past, present and future.

Art and Decoration Committee

Unirondack, Your UU Home in the Adirondacks

Founded in 1951 by the New York State Convention of Universalists, Unirondack is a Unitarian Universalist Camp and Conference Center located in the forever wild forests of the Adirondack Mountains. Our mission is to provide environments that inspire people to explore responsible roles in the web of life through physical, mental, and spiritual challenges.

Unirondack has a beautiful new website. There you can find the 2007 calendar, information about our programs, gorgeous photos, registration materials, and much more. Check out our new programs for families, kids, young adults, and RE and OWLS educators. If you've never encountered Unirondack, the website is a great place to see what all the excitement is about. Register as soon as possible as we anticipate sessions filling very quickly this year!

Visit us today at: www.unirondack.org or call: (845) 675-9901

Pews and Playground Clarification

Last month, I wrote that the remaining pews were ordered using the funds from the service auction "fund-an-item." Because some people specifically intended their funds to be used to purchase a playground, I have placed our pew order on hold. If you made a donation to the fund-an-item and would like your donation specifically "tagged" for a playground, please contact me and we will make that correction. Once the final tally is made, the pew order will be released and planning for a playground may begin. I do apologize for any misunderstanding.

Michael Bruder, Trustee for Building and Grounds

A Guest at Your Table

Please bring your Guest at Your Table boxes and any donations you have collected for the Unitarian Universalist Service Committee with you to church on January 14. We will collect them during the services.



Considering Ministry?

Meadville Lombard Theological School announces the Spencer and Susan Lavan Scholarship for Excellence--a full, merit-based scholarship for an incoming residential student in our Master of Divinity Program in the Fall of 2007. Application deadline for the scholarship is March 15, 2007. Please see the Meadville Lombard Website (www.meadville.edu) for more information on the scholarship and the Master of Divinity Program. More information on the scholarship can be found on the <u>UUWorld website</u>, www.uuworld.org

Book Club meetings

January 9, meet at Aladdin's restaurant, 44 Park Lane in Hudson at 6:30 for supper. After diner meet at 7:30 in the Hudson Public Library, 22 Aurora St. in the Eldredge Reading Room. Read a collection of Amy Hempel's short stories. Please contact Martha Kluth or Kathie Slater if you need a ride. Let Kathie know if you would like a dinner reservation.

February 13 at 7 pm, meet at the Kluth's,. Read a book by Bill Bryson.

Mar. 13, 7 pm, meet at Betty Kendrick's. The book will be Beneath a Marble Sky by John Shors. This novel deals with the Taj Mahal.

Martha Kluth

Have You Seen This Man?

If you haven't met Dan Hayes, you simply must find him at coffee hour and shake his hand! Dan is an avid worker and supporter of our church and can often be found outside. He actually enjoys shoveling snow, weeding the Peace garden, mowing the lawn, and of course, his favorite....raking the leaves! I kid you not!! The outdoors hold special appeal to this dedicated steward.

Dan is a member of the Wolf sanctuary in Missouri and the Wild Kingdom Defenders of Wildlife founded by Marlin Perkins. "Wolves are a magnificent species. They have been terribly persecuted because most people don't realize how important they are to the ecosystem", says Dan.

Dan has attended UUCK since 1994 and continues to enjoy the friendships and activities available here. He feels particularly strong about teaching RE. "Seeing the children able to make up their own minds in a free atmosphere is very satisfying to me because I never had that."

Dan's interests include the play-reading group so he can tap into his love of the arts. You may remember enjoying his singing solos at previous talent shows, as he has a particular fondness for show tunes from the 30's and 40's, his favorite being "West Side Story."

His other favorites:

- UU event: It's a tie between Music Sunday and the Service Auction. (because people are generous)
- Holiday: Christmas, (because people finally act like Human beings).
- Activity: Exercise
- Food: "Without a doubt it's naval oranges"

Dan's dream for our church is to see us continue remembering the Humanist tradition that Emerson promoted. "Emerson is also my favorite".

When asked what gift he would most like to receive other than oranges, he immediately replied, "Free singing lessons." Our Church is richer because of you, Dan - Thank you!

Rebecca Haines

So many people give of their time, talents and treasure to support the life and work of this church. Ours is a vibrant community of faith thanks to the abundant generosity and deep commitment of so many members and friends. We are grateful for the gifts we share.

The Board of Trustees, along with the minister and the church staff, has decided to highlight that gratitude by formally recognizing one person each month (through June 2007) for their dedicated stewardship of our shared ministry.

This is a community generous in so many ways. By this recognition we hope to say thank you more often to the good people who nurture and sustain our shared ministry.

Among Ourselves

Our condolences to Laura McCrystal who is mourning the death of her father Cyril Henry Gius, to Lonnie Hawks who is mourning the death of her father Sandy Friedman and to Sunny DeLaluz who is mourning the death of her mother Doris Deringer.

Safer Futures Collection Approaches

The Abby Danforth Women's Group is sponsoring again an all church collection of items needed for the battered women's shelter, Safer Futures. We will be collecting items five Sundays from February 11 though March 111. This is an opportunity for all individuals and families to get involved, including the children.

Safer Futures provides safe emergency shelter for battered women and children. Services offered include: advocacy help for the women and children, help getting re-established in the community, weekly support groups, advocacy for <u>any</u> victims of domestic violence, a Place of Peace (safe exchange of children with supervised visitation) and the opportunity for assistance in completing paperwork for civil protection.

The "Wish List" of items needed fall into three categories: shelter items, items for the children, and items for new housing.

The list will appear in future newsletters, Thread from the Web and/or posters at the church. Start looking for sale items!

Pat Pownall



Small Group Ministry Drop-in Group

Are you interested in Small Group Ministry, but not able to participate in a regular group? The November drop-in group will be held Tuesday, January 23, from 7 pm- 9 pm (precisely!) in the small room off of the sanctuary. No registration is required. Just come!

Renee

Our Generous Hearts

The last time he was with us, Bill Schulz was a 21-year old undergraduate student at Oberlin College. The church hired him to be our minister in 1970 at a salary of \$250 a month. On December 9th, 2006, we welcomed Bill Schulz back to Kent, 36 years after he left. He came to break bread with us, to share memories with us, to inspire us, to celebrate with us our church's 140 Years of Standing Witness. No longer a green young minister, Bill had gone on to serve for eight years as head of the Unitarian Universalist Association and then for twelve years as the director of Amnesty International U.S.A.

It was a glorious reunion, especially for the handful of our church members who were here back in 1970. We enjoyed a sumptuous feast together, generously donated and lovingly prepared by Elaine and Bill Bowen and by Bonny Esparza. Bill told stories of his time in Kent, of how his experiences here influenced his life, especially the shootings of students at Kent State University by National Guardsmen on May 4, 1970. Bill led our church through those heartbreaking days and months. In defiance of the Kent City Council, which prohibited gatherings of more than five people after the shootings, Bill and our congregation held a memorial service for the slain students. It was, he said, his "first experience with a democratic government turning its force on its own citizens." And the city, instead of reacting to the travesty of the murders, turned instead against the students, viewing them as the threat. Our church, in contrast, reached out and embraced the students, an act of generosity for which we can be proud.

The Kent State shootings, Bill told us, inspired his lifelong work for human rights and brought him the recognition that, "The struggle for human rights and for social justice is a religious undertaking." He emphasized the importance of our Unitarian Universalist faith and principles in the struggle for social justice

worldwide. We bring to that struggle our Unitarian Universalist "call to embrace the whole world." Bill observed that our commitment to universalism "may be the only thing that saves us."

"Ours," he said, "Has long been a faith that held the whole world in its hands, a faith that teaches that what human beings share is far more important than what divides us." All of us were once strangers in the land of Egypt, and we can each identify with another person's suffering. In Bill's words, "I am compelled by my religious faith to make a metaphorical leap from my own trivial sufferings into those of the hearts of strangers."

Bill Schulz reminded us "how important our faith is for this world today." During his years with Amnesty International, he traveled the world, and he witnessed unspeakable horrors that led him to question the goodness of people. Sometimes these experiences brought him to despair. But, he told us, after the night of despair, we experience the hope of the morning, the renewal of the spirit, the strength to go forward again. Our faith brings us that hope.

We thank you, Bill Schulz, for the gifts of spirit and commitment that you have given us. We thank you for your hard and sometimes discouraging and always rewarding life's work. We thank you for the example you have set. We thank you for serving our church, and for returning to remind us of what our faith means to the world, why we must embrace the whole world. We must be people without borders, people who love universally. That is what our church founders taught us. In Bill's words, "We must remember that it is our generous hearts that makes what we cherish worth guarding in the first place." We must bring our generous hearts, our faith, and our commitment to the world for the next 140 years and beyond.

Respectfully submitted,
Vivien Sandlund, Chair, Social Justice Committee

Third Annual "Soup"er Bowl Sunday

Football season is more than half over and I'm already planning for our 3rd "Soup"er Bowl Sunday on February 4. We don't know which pro teams will be playing yet but our game will feature Team UUCK vs. Hunger in Portage County.

I'll once again be collecting cans of soup, chili & stew, coin and cash in a soup pot in Fessenden Hall on Sunday, Feb. 4. All proceeds will be donated to Kent Social Services for the food pantry.

Please help by starting to save your change in a clean empty soup can from now until Feb. 4 {what a great activity for children/youth!!!} and be alert for store specials on canned soup, chili & stew. Any questions? Contact Elaine Yehle Bowen.

Kudos for Sanctuary Decorators

Rod and I would like to thank all of you who helped to decorate the sanctuary during advent this year. The original plan was to have Jane Krimmer kind of head the decorating, but when she hurt her ankle, we were left without a "director". Thanks to the CUUPS groups for their anchor piece on the wall giving us color inspiration, and to Mike Hovancsek for just for being there. We so appreciate Mary Lou Holly and Mike Lee for stepping up to string the lights – even though Mary Lou still thought all of this was happening magically. Sally Burnell appeared out of nowhere whenever we needed someone to help out. A big helping of gratitude also goes out to Bev Cole for her wisdom and assistance with the placing of the poinsettias and tying it all together at the end.

Rod and Linda Mishler

January Church Events

Service times starting Jan. 7 are now - 9:30- First Service 11:15- Second service		2 5:15 Mod. Yoga 7:00 Challeng- ing Yoga	3 9:30 am Yoga	4 4:30 Yoga 6:30 Yoga 7- 9 OWL	5	6
7 9:30- First Service 10:55-11:15 Children's Choir (EA) 11:15- Second Service 11:15 Adult RE (p. 3) 12:45-2:30 Social Justice mtg. 4-6 Yoga + meditation (FH) 6:30 Adult Choir (S) 7:00 AA (FH) 7:30-8:30 Women's Choir (S)	8 10:15 am Yoga 5:15 Yoga 7:00 Tai chi 7:30-9:30 CUUPS mtg. (FL) 7:30-9:30 Celtic Clan (S)	9 5:15 Mod. Yoga 7:00 Challeng- ing Yoga 7-9 Our many Lives (EA)	10 9:30 am Yoga 7:15 10:15 Board Mtg. (EA)	11 4:30 Yoga 6:30 Yoga 7- 9 OWL 7-9 Men's group (EA)	12	13 1 pm Owl over- night (S + FH)
14 9:30- First Service 10:55 Children's Choir (EA) 11:15- Second Service 1:00 Congregational mtg. (F) (p. 10) 4-6 Yoga + meditation (FH) 6:30 Adult Choir (S) 7:00 AA (FH) 7:30 Women's Choir	15 10:15 Yoga 5:15 Yoga 7:00 Tai chi	16 5:15 Mod. Yoga 7:00 Challeng- ing Yoga	17 9:30 Yoga 1-3 Praxis mtg. (EA)	18 4:30 Yoga 6:30 Yoga	19	20 5-7:30 Kent Community Dinner (FH)
9:30- First Service 10:55 Children's Choir (<i>EA</i>) 11:15- Second Service 4-6 Yoga + meditation 6-8 Personnel Comm. Mtg. 6:30 Adult Choir (<i>S</i>) 7:00 AA (<i>FH</i>) 7:30 Women's Choir	22 10:15 AM Yoga 5:15 Yoga 7:00 Tai chi	23 5:15 Mod. Yoga 7:00 Challeng- ing Yoga 7:00 Small Group Ministry drop-in mtg. (FL)	24 9:30 am Yoga	25 4:30 Yoga 6:30 Yoga 7-9 OWL	26 5:30-9:30 Social Activity For All Ages (FH)	3-6 National Yoga Day (FH)
28 10:55 Children's Choir (EA) 11:15-12:15 New U Class (EA) (p. 3) 12:45-5:15 Transgender Workshop (FH) 4-6 Yoga + meditation 6:30 Adult Choir (S) 7:00 AA (FH) 7:30 Women's Choir	29 10:15 AM Yoga 5:15 Yoga 7:00 Tai chi	30 5:15 Mod. Yoga 7:00 Challeng- ing Yoga	31 9:30 am Yoga			

Tai Chi: 7:00 Advanced, 7:30 Intermediate, 8:00 Beginner - Yoga and Tai Chi are held in Fessenden Hall *EA- Eldredge Annex; FH- Fessenden Hall; FL- Founders' Lounge; S-Sanctuary Calendar does not reflect changes or additions after December 15

New Calendar System

Since we're now a busier congregation, we've begun using an on-line calendar that you can access directly at www.localendar.com/public/uukent, or through our website at www.kentuu.org. We can update it as often as necessary and you can consult it any time day or night.

Don't have Internet access or really hate computers? Not to worry, paper versions of the same calendar will be available in the weekly *Thread from the Web* and monthly *Chalice Flame* newsletter.

Judy Brannan

Unitarian Universalist Church of Kent 228 Gougler Ave. Kent, OH 44240



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Celtic Clan for January

1/1/07 No practice 1/8/06 7:30 Practice in sanctuary 1/15/06 No practice 1/22/06 7 pm Stow Glenn Assisted Living 1/29/06 7 pm Woodlands at Robinson

Yoga Schedule at Church

Sundays - Heidi/Barb 5-6:30 pm - beginner/moderate yoga

Mondays - Heidi Shaffer 10:15 - 11:45 am - gentle yoga 5:15-6:45 pm - gentle yoga

Tuesdays - Margot Milcetich 5:15-6:45 pm - moderate yoga 7-9 pm -challenging yoga

Wednesdays - Heidi 9:30-11 am - moderate yoga

Thursdays - Heidi/Megan 4:15-5:45 pm - gentle/moderate yoga 6-7:30 pm - moderate yoga

Out to Lunch Bunch

Jan 7 China City
Jan 14 El Campesino
Jan 21 China City
Jan 28 On Tap

Come join other UUs for a Dutch-treat lunch and lively conversation after second service. Open to all.



Tai chi

Jan 1- no class Jan 8 to 29 -

> 7:00 Advanced 7:30 Intermediate 8:00 Beginner

Beginners are invited to start any time. Wear loose fitting clothing as the class is participatory. Taught by Susan Goekler, a certified instructor with the Tai Chi Association of Atlanta, assisted by Mac Goekler and Sally Burnell. For questions, contact Susan.