

The background is a painting of a beach scene. The sky is a vibrant, textured blue. The ocean is a darker blue, meeting a sandy beach in the foreground. On the right side, there are some brown, wind-swept plants or driftwood. In the lower right foreground, a green bucket is lying on its side on the sand. The overall style is painterly and expressive.

Filling Up Your Bucket



13 September 2020
Rev. Steven Protzman
Unitarian Universalist Church of Kent

Filling Your Bucket

Order of Service

September 13, 2020

Take refuge in your senses, open up
To all the small miracles you rushed through.
Gradually, you will return to yourself,
Having learned a new respect for your heart
And the joy that dwells far within slow time.

-John O'Donohue

Music for Gathering

Hal Walker
Music Director

Welcome

Rev. Steven Protzman
Minister

Chime

Prelude

Meditation on Breathing
by Sarah Dan Jones
Hal Walker

Call to Worship

Heidi Emhoff-Wood
Worship Associate

Opening Hymn

When Our Heart is in a Holy Place

Chalice Lighting and Covenant

by James Vila Blake

Love is the spirit of this church, and service its law.
This is our great covenant: To dwell together in peace,
to seek the truth in love, and to help one another.

Covenant Response Hymn

Rise Up, O Flame

Sharing our Joys and Concerns

Music Meditation

The River
by Coco Love Alcorn
UUCK Choir

Commissioning and Blessing our RE Teachers

Colleen Thoele
Director of Religious Education

Choral Response

I Have a Million Nightingales
words and music by Linda Hirschhorn
Golden Tones Children's Choir

Readings

an excerpt from *Yosemite Falls at Midnight*
by John Muir

Sabbath Blessing
by John O'Donohue

Reflection Hymn

Come, O Sabbath Day

Homily

Filling Your Bucket
Rev. Steven Protzman

Questions for reflection:

How do you replenish your spirit?
What spiritual practices or things do you do to renew yourself?

Sharing: Please use the chat box to share your responses.

Offering

Hal Walker

Extinguishing the Chalice

We extinguish this flame, but not the light of truth, the warmth of community, or the fire of commitment. May we carry these in our hearts and minds until we are together again.

Closing Hymn

Glory, Glory, Hallelujah!, adapted

Benediction

Song of Blessing and Sending (video)

Go On Your Way in Peace
by Hal Walker
Golden Tones Junior Choir

Virtual Coffee Hour



Next Sunday: Where Calls the Heart
Led by Rev. Steven Protzman and Worship Associate Lori McGee

VISITORS - Welcome! We are glad you are here. Thank you for participating in worship with us today. We hope that you will find a spiritual home here and that you will be enriched in the liberal religious practice and heritage of Unitarian Universalism. This congregation is a member of the Unitarian Universalist Association. The members of this church take pride in the fact that we embrace people of all races, ethnicities, ages, creeds, sexual orientations, and abilities. In addition, we are a "Welcoming Congregation," which means that we have taken part in a special program, designed by the UUA, for congregations that see a need to become more inclusive towards bisexual, gay, lesbian, and/or transgender people. The principles and purposes of the UUA, which we "covenant to affirm and promote," can be found in the front of the hymnal, on the UUA website (www.uua.org), and on bookmarks available in the front entryway.

We are concerned for everyone's safety. If we need to evacuate the building for a fire, a drill or for any other reason, please follow the directions of the worship leader. Parents and guardians should look for their children on the grassy area behind the Annex and should not go to the classrooms. People with mobility concerns or other special needs should proceed to the entryway where evacuation assistance will be available.

OUR SUNDAY SERVICE is offered at 10 AM via Zoom. Visit kentuu.org for information to join the service.

Church Office: The church office is located in the Eldredge Annex (yellow house) next to the church building. Office hours are: Monday -Friday 10 a.m. – 4:00 p.m.

Church Address: Unitarian Universalist Church of Kent
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On the web – <https://kentuu.org>
Facebook - www.facebook.com/uuchurchofkent



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Music Director
Dir. of Religious Education
Congregational Administrator
Nursery Attendant
Sexton
Affiliated Community Minister
Commissioned Lay Minister
Commissioned Lay Minister

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