

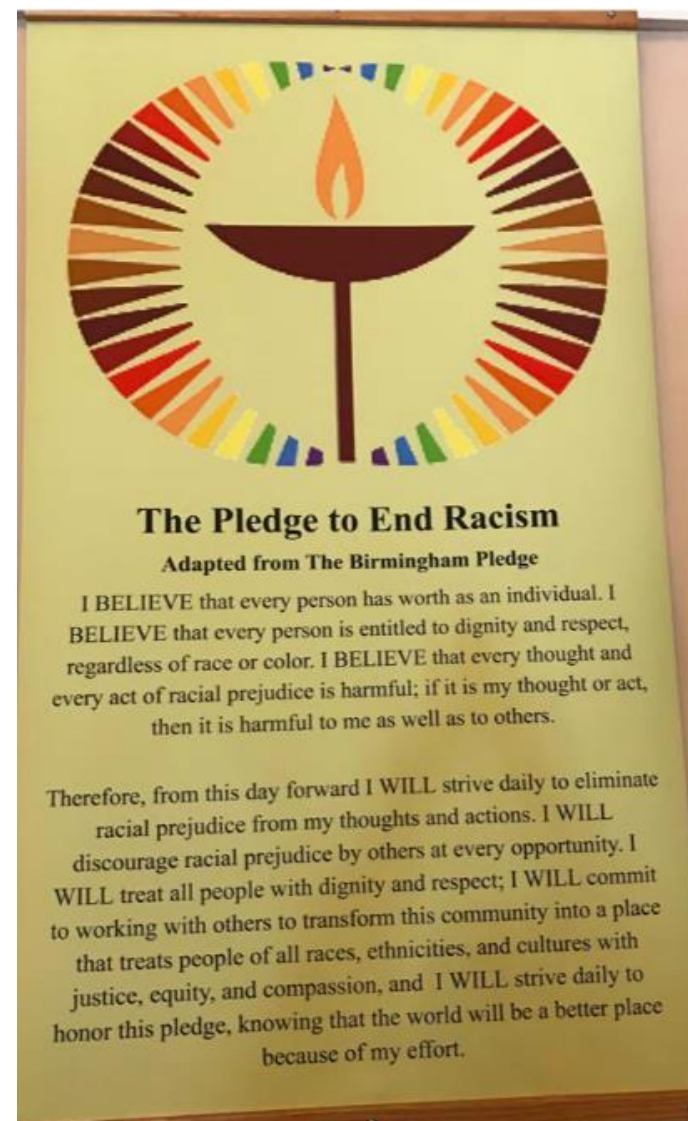
PLEDGE TO END RACISM WORKSHOP

The Pledge is a commitment individuals make to work every day to end personal and institutional racism. The workshop helps participants develop the skills and confidence to integrate The Pledge in daily life; to confront racism and bias in everyday encounters; to recognize and challenge systemic racism; and to take personal leadership in ending racism in their community. Planning is underway by R4J to offer this workshop in 2022.

The Pledge to End Racism*

I believe that every person has worth as an individual. I believe that every person is entitled to dignity and respect, regardless of race or color. I believe that every thought and every act of racial prejudice is harmful; if it is my thought or act, then it is harmful to me as well as others.

Therefore, from this day forward I will strive daily to eliminate racial prejudice from my thoughts and actions. I will discourage racial prejudice by others at every opportunity. I will treat all people with dignity and respect; and I will strive daily to honor this pledge, knowing that the world will be a better place because of my effort.



*Modified from the Birmingham Pledge by Unitarian-Universalist Church of Richmond VA