



RACIAL JUSTICE COVENANT GROUPS

UUCK's Racial Justice Covenant Groups are intended for white people who are interested in transforming their whiteness through understanding the complexities of white supremacy, as well as the impact it has on us as individuals and on our larger society.

Curricular materials provide participants with a deeper understanding of issues essential to furthering an anti-racist identity. The process for learning is in small groups of 6-9 participants. Taking part in a group offers a rich experience for discussing, sharing and responding to strong thoughts and emotions the curricular materials might elicit.

Monthly topics include:

- Emotional lives of white people that result from living in a racist society (including indifference, fear, guilt, and denial)
- Implicit bias and microaggressions
- White supremacy and power
- Effective communications in the face of racist acts

Exploring these topics with others helps each person move closer to developing a positive white anti-racist identity.