



# A Journey to the Center



22 January 2023  
Rev. Steven Protzman  
Unitarian Universalist Church of Kent

# ***A Journey to the Center***

Order of Service

January 22, 2023

Our spirits resound with clashings, with noisy silences,  
While something deep within hungers and thirsts for the still moment  
and the resting lull.

With full intensity we seek, ere the quiet passes, a fresh sense of  
order in our living; a direction, a strong sure purpose that will  
structure our confusion and bring meaning in our chaos.

—Howard Thurman

## **Gathering**

Music for Gathering Vanessa Vesely, Accompanist

Welcome Rev. Steven Protzman, Minister

Chime

Prelude *Allegro e no presto* from Oboe Concerto #2 in D minor  
by Tomaso Giovanni Albinoni  
Vincent Swango, oboe; Vanessa Vesely, piano

Words of Gathering Heidi Emhoff Wood  
Worship Associate

Chalice Lighting adapted from Rev. Scott Tayler

May the light we now kindle  
and the time we now share,  
anchor us to that inner flame,  
that sacred center,  
which helps us remember who we are.

Opening Hymn *Come and Find the Quiet Center* (set to Hyfrydol)  
lyrics by Shirley Erena Murray

Time for All Ages Colleen Thoele  
Director of Religious Education

Singing our Children, Caregivers, and Teachers to Their Classes

*Go On Your Way in Peace*  
by Hal Walker

### **Reflecting**

Holding One Another in Care and Compassion

A time of sharing our sorrows and losses, pastoral prayer,  
and sharing our joys, wonder and awe

Hymn of Community *#55 Dark of Winter*

Reading *Song of the Soul*, by Kahlil Gibran

Reflection *A Journey to the Center*  
Rev. Steven Protzman

Centering Hymn *#1011 Return Again*

A Time to Journey Inward

Music Meditation *Nocturne*, by Luigi Bassi  
Vincent Swango, oboe

### **Returning**

Offering Improv for banjo and piano (video)  
Hal Walker

Extinguishing the Chalice

We extinguish this flame, but not the light of truth, the warmth of  
community, or the fire of commitment. May we carry these in our hearts  
and minds until we are together again.

Closing Hymn *#1008 When Our Heart is in a Holy Place*

Benediction



*Next Sunday January 29, 2023*  
*10 AM in Hobbs Hall*  
*Our Shared Ministries*  
*Led by CLM Lori Mirkin-McGee*

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## Activities & Events: January 22 - 29, 2023

<https://kentuu.org/calendar/>

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### Jan. 22 Sunday

10:00 AM Sunday Worship  
11:00 AM Congregational Town Hall  
3:00 PM Girl Scouts

### Jan. 23 Monday

6:00 PM OWL

### Jan. 24 Tuesday

10:00 AM Staff Meeting  
4:00 PM Hobbs Hall Reserved

### Jan. 25 Wednesday

7:00 PM Board of Trustees

### Jan. 26 Thursday

1:30 PM Generosity Team  
6:30 PM Ministry Executive Team  
7:00 PM Choir Rehearsal

### Jan. 27 Friday

### Jan. 28 Saturday

8:00 AM Hobbs Hall Reserved  
3:00 PM Hobbs Hall Reserved (Auction  
[event](#))

### Jan. 29 Sunday

10:00 AM Sunday Worship  
11:00 AM Social Hour/Opportunities Mingle

For more information, read the e-n~~ews~~UU: [kentuu.org/news/announcements-events/](https://kentuu.org/news/announcements-events/)

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**Church Address:** Unitarian Universalist Church of Kent  
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On the web – <https://kentuu.org>

Facebook - [www.facebook.com/uuchurchofkent](https://www.facebook.com/uuchurchofkent)

**Church Office:** The church office is located in the Eldredge Annex  
(yellow house) next to the church building

Visit our website.



## CHURCH STAFF

Minister  
Accompanist  
Congregational Administrator  
Campus Use Manager  
Dir. of Religious Education  
Music Director Pro Tempore  
Nursery Staff  
Sexton  
Tech Manager  
Affiliated Community Minister  
Affiliated Community Minister  
Commissioned Lay Minister (CLM)  
Commissioned Lay Minister (CLM)

Rev. Steven Protzman  
Vanessa Vesely  
MaryBeth Hannan  
Katie Kuras  
Colleen Thoele  
Katie Grigg-Miller  
Michelle Bores  
Brian Mulloy  
Julie Swango  
Rev. Renee Ruchotzke  
Rev. Christie Anderson  
Lori Mirkin-McGee  
Kathy Kerns

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## BOARD OF TRUSTEES 2021 – 2022

Board Moderator  
Board Asst. Moderator  
Board Co-Secretary  
Board Co-Secretary  
Trustee  
Trustee  
Trustee

Don Gregg  
Kara Kramer  
Susanna Smart  
Carol Weigand  
Liz Bright  
Heidi Shaffer Bish  
Diane Kloss

[board@kentuu.org](mailto:board@kentuu.org)

## ***Come and Find the Quiet Center***

Come and find the quiet center  
in the crowded life we lead,  
find the room for hope to enter,  
find the frame where we are freed:  
Clear the chaos and the clutter,  
clear our eyes that we can see  
all the things that really matter,  
be at peace, and simply be.

Silence is a friend who claims us,  
cools the heat and slows the pace,  
Love it is who speaks and names us,  
knows our being, touches base,  
making space within our thinking,  
lifting shades to show the sun,  
raising courage when we're shrinking,  
finding scope for faith begun.

In the Spirit let us travel,  
open to each other's pain,  
let our loves and fears unravel,  
celebrate the space we gain:  
There's a place for deepest dreaming,  
there's a time for heart to care,  
in the Spirit's lively scheming  
there is always room to spare.

## ***#55 Dark of Winter***

Dark of winter, soft and still,  
your quiet calm surrounds me.  
Let my thoughts go where they will,  
ease my mind profoundly.  
And then my soul will sing a song  
a blessed song of love eternal.  
Gentle darkness, soft and still,  
bring your quiet to me.

Darkness, soothe my weary eyes,  
that I may see more clearly.  
When my heart with sorrow cries,  
comfort and caress me.  
And then my soul may hear a voice,  
a still, small voice of love eternal.  
Darkness, when my fears arise,  
let your peace flow through me.

### **#1011 *Return Again***

Return again, return again,  
return to the home of your soul. (repeat)  
Return to who you are, return to what you are,  
return to where you are born and reborn again (repeat)  
Return again, return again,  
return to the home of your soul.

### **#1008 *When Our Heart is in a Holy Place***

Chorus: When our heart is in a holy place,  
When our heart is in a holy place  
We are bless'd with love and amazing grace,  
When our heart is in a holy place

When we trust the wisdom in each of us,  
Ev'ry color ev'ry creed and kind,  
And we see our faces in each other's eyes,  
Then our heart is in a holy place.

(Chorus)

When we tell our story from deep inside,  
And we listen with a loving mind,  
And we hear our voices in each other's words,  
Then our heart is in a holy place.

(Chorus)

When we share the silence of sacred space,  
And the God of our Heart stirs within,  
And we feel the power of each other's faith,  
Then our heart is in a holy place.